



Live a better life in Western Sydney

**SYDWEST FAMILIES SERVICES
PROVIDE SUPPORT FOR
FAMILIES, WOMEN AND
CHILDREN 0-8 YEARS OF AGE
OF MIGRANT OR REFUGEE
BACKGROUNDS.**

MOTHERS SUPPORT GROUPS:

Our Mothers Support Groups for women in the Blacktown and Penrith local government areas are a great way for women to meet and share with others. Mothers are given the chance to discover more about parenting, education, health, well-being and other topics of interest.

We have seven multicultural groups that meet during school terms:

BLACKTOWN MOTHERS SUPPORT GROUP

Thursdays during school terms, 10:00 – 12:00

SydWest Office Blacktown, Ground floor, Suite1, 125 Main St, Blacktown

MULTICULTURAL SUPPORT GROUP

Tuesdays during School Terms, 10:00 - 12:00

Glenwood Community Hub, 72 Glenwood Park Drive, Glenwood 2768

MT DRUITT MULTICULTURAL SUPPORT GROUP

Mondays during school terms, 10:00 – 12:00

SydWest Office Mount Druitt, Level-1, 13 Cleeve Close, Mt Druitt

**FREE CHILDCARE PROVIDED FOR MOTHERS SUPPORT GROUPS.
REGISTRATIONS ESSENTIAL!**

...CONTINUED

BERT OLDFIELD MUMS AND BUBS

Wednesdays during school terms, 10:00 – 12:00
Bert Oldfield Public School, Seven Hills

PENRITH MUMS AND BUBS

Thursdays during school terms, 11:30 – 1:30
Victoria park, corner Putland and Princess Mary streets,
St Marys

SCHOFIELDS MUMS AND BUBS

Fridays during school terms, 10:00 – 12:00
Altrove Hilltop Park, Hoy Street Schofields



BLACKTOWN MULTICULTURAL PLAYGROUP

Our playgroup in Blacktown supports families with pre-school aged children from 0-5 years. Through our weekly playgroup program children are led through music, craft and reading activities, and are encouraged to discover, explore and problem solve through play-based learning.

Tuesdays during school terms, 10:00am – 12:00pm
SydWest Office Blacktown,
Ground floor, Suite1, 125 Main St, Blacktown

REGISTRATIONS ARE ESSENTIAL!
TO REGISTER PLEASE CALL 9621 6633

SydWest Families Team
Blacktown Office
Ground Floor, Suite 1
125 Main Street
Blacktown NSW 2148
Phone: 02 9621 6633

**We support families with children
from ages 0-8 in the Blacktown
and Penrith LGAs.**



Our Families program is funded by the NSW Department of Communities and Justice