

Penrith Migrant and Refugee Women's Support Group

Join us for Playgroup for parents with children aged 0-5 years.



When Thursdays 11.30am - 1.30pm (Running during School Term)

Venue **Victoria Park Playground Corner of Putland and Princess Mary Streets, St Marys**

Cost Free

PENRITH

Participants will have opportunities to explore a variety of fun, mindful and sensory play activities, to support children's emotional regulation as well as enhance creativity and imagination.

Come and join us!

For further information please contact: Anjum on 9621 6633 or email anjum.ali@sydwestms.org.au

Funded by the Department of Social Services and Department of Communities and Justice,. CITY COUNCIL



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