

Blacktown Women's Support Group

For migrant and refugee women with children 0-8 years old

- Career building workshops
- · Parenting discussions
- Relaxation & self-care activities
- Socialising Emotional support
- Health and wellness workshops

Every Thursday
10:00 am - 12:00pm
SydWest Multicultural Services
Ground Floor, Suite 1,
125 Main Street, Blacktown

Completely FREE

Term 2 starts 1st May 2025

Childcare available - bookings essential

Want to know more?

Contact Ambreen on 96216633 Email: ambreen.kamran@sydwestms.org.au

This program is funded by the NSW Department of Communities and Justice









