



1 August 2023

## Take time to say #ThanksforCaring

**SydWest Multicultural Services** encourages the Western Sydney community to recognise those who care for older Australians and say “thanks for caring” ahead of Aged Care Employee Day (ACED) on Monday 7 August 2023.

“We’re asking our community to take a moment and think about the quiet achievers and the superheroes who provide care with professionalism, compassion and dedication for our loved ones and give them the recognition they deserve,” SydWest’s Aged Care Services Manager, Mereline Murimwa-Rarami says.

“It’s been a particularly challenging eighteen months for aged care workers both in residential and home care services leaving many families and friends unable to visit loved ones in care for weeks on end.

“It often fell to the carers, the nurses and other staff to make up for that loss of family contact and become that crucial connection for frail and vulnerable older Australians. “So, in the lead up to 7 August, we ask you to take time to think of the nurses, personal care workers, chefs, cleaners, gardeners, laundry staff, activities coordinators and administration staff when you next visit a loved one in aged care and say “thanks for caring”.

ACED will feature a #ThanksforCaring social media campaign with videos, stories and photographs that acknowledge Australia’s aged care workers.

In recognition of this important day, and to appreciate the hard work of its aged care workers, SydWest Multicultural Services is treating them to a scenic adventure cruise by the Nepean Belle Paddle-wheeler on Sunday, 6th August 2023. More than 60 aged care workers are expected to attend.

ACED is a national day which is registered with awarenessdays.com and acknowledges the more than 360,000 people who care for and support around 1.3 million older Australians who receive aged care services.

Individuals, employers, and community members wishing to take part can find information and resources on the ACCPA website <https://www.accpa.asn.au/aged-care-employee-day>



## STATEMENT ENDS /

Media Enquiries:

For further information or to arrange interviews and photo opportunities, contact Vikki Hine, Media and Events, SydWest Multicultural Services on [vikki.hine@sydwestms.org.au](mailto:vikki.hine@sydwestms.org.au) or 0428-109-215.

Click on the icons to follow us on LinkedIn and social media.



Established nearly 40 years ago, SydWest Multicultural Services is a leading organisation for all cultural diversity issues responding to community needs and opportunities across Greater Western Sydney. SydWest provides a range of services to Culturally and Linguistically Diverse (CALD) communities to assist with settling and living productive and independent lives in the community. We offer flexible and integrated service models across the life course of refugees and migrants, supporting the self-determination and empowerment of our diverse communities. SydWest is an innovative employer of choice, with passionate, qualified and experienced bilingual and bicultural staff who are sensitive to the languages and cultures of the communities we represent.