# Gain Work Experience



## Be a part of a Backswing team

You'll work on an inspiring work experience project.

## Work on a project and be in charge

You'll learn how to organise, plan and manage a project.

#### Learn new skills and have fun

You'll improve the skills employers are looking for.

## Get support in landing a job or training

You'll learn the skills to apply successfully for opportunities.

### Interested?

If you want to be a part of an 18 week Backswing project starting in **March 2023** contact us today: P: 0439 536 407 E: tony.maricic@sydwestms.org.au

This program is for people with a disability, including those from a multicultural background.



**Backswing** 



# What is Backswing?

Backswing is a creative work experience project managed by people with disability from culturally and linguistically diverse backgrounds in Western Sydney.

You will be a part of a team that manages the whole project from start to finish (even the budget). Backswing is a job preparation, employer engagement, skill-building and work experience program.

# What is the project about?

You will work on a project that organises work experience opportunities in the **Hospitality and Retail industry** for people with a disability. The project also promotes the benefits to employers of employing people with a disability.

You will engage with employers and organisations from Western Sydney and build an important network that will help you to secure future employment or to find work and training opportunities.

## What will I learn?

You'll get real-life work experience, develop the skills that employers want and stand out from the crowd when it comes to getting a job. At the same time, you'll be doing something super positive for your community.

The important employability skills you develop during this project are:

Communication, Problem-Solving, Creativity, Critical Thinking,

Teamwork, Presentation Skills, Digital Literacy, Financial Literacy

#### What are the details?

It's free. You will work in a welcoming space at SydWest in Blacktown or Mt Druitt. The project runs for up to 18 weeks, from March to July 2023. You'll work up to 8 hours a week. You'll get supported by a dedicated trainer. Transport assistance can be arranged.

# How can I join the team?

Reach out to SydWest, we help you to sign up. Give us a call on **0439 536 407** or email us at **tony.maricic@sydwestms.org.au** 

Everyone who contacts us will get invited for an interview.





